



Post Graduate Department of Plastic Surgery

The year gone by 2004

(Annual Report 2004-05)

It is indeed pleasure to present before you the annual report of the Post Graduate Department of Plastic and Reconstructive Surgery.

The Department of Plastic Surgery at K.G. Medical University, Lucknow, is one of the oldest training centre for Plastic Surgeons in India. It has been awarding M.Ch. (formerly MS) course for more than 38 years. On completion of 29 years, as a separate department we are organising a CME and an operative workshop on 'Genital Reconstruction'. Our endeavor is to make it a comprehensive teaching, training and refresher course.

We commissioned the 2nd floor of the department and have moved our offices into that.

I would like to group the activities of the department under the following heads.

(A) Academic:

We are regularly teaching undergraduates MBBS, BDS and MS students with morning lectures, clinics and demonstrations. We are running a M.Ch. program with 3 candidates each year. During the year under review Dr. Sumit Malhotra successfully completed his M.Ch. course. He was the lone candidate since he only qualified for entrance to M.Ch. In this context I may be permitted to add my view that since in entrance tests for M.Ch./DM we have to select the best 3 students (or whatever number as per department), there should be no cut off marks.

From this year our M.Ch. course has been made 3 years according to MCI norm. Dr. Vivek Saxena, Dr. Prateek Arora and Dr. Divya Upadhaya have joined the department.

Our teaching program is running as per schedule. Faculty members of other departments and Post Graduate students are welcome to attend.

(B) Hospital Services:

Our OPD attendance is steadily increasing. On any day when it crosses 100, we celebrate it with sweets. A total of 6914 were seen in OPD (5784 new and 1130 old) beside the numerous ones daily flocking in the department.

The department performed 684 major (40 in other OT's) and 573 minor operations. When we talk about surgeries in relation to plastic surgery, we should not forget that numbers have to be taken in the right perspective, since the most minor surgery, like closing a split ear of one side takes 45 minutes. The longest operation has stretched 13 hours.

We provide extension services to other departments, mostly to surgical Oncology, Orthopedics, Surgery and Neurosurgery and even to SGPGI. We are one of the pioneer department in craniofacial surgery - in hypertelorism correction and distraction osteogenesis.

(C) Limb Replantation Services:

The department has a round the clock limb replantation service since 1995. During the year under review we have done 24 revascularisations major replantations and minor reimplantations. For the first time in the last 10 years, our residents have independently carried out microsurgical replantation, and this may not find a parallel at the national level. Total number of cases operated in the new surgical trauma centre are 157.

(D) Achievements:

Prof. S.K. Bhatnagar was awarded Smt. Phoolan Devi Gupta award for outstanding contribution in the treatment of burns. He is member of the governing council of association of surgeons of India (2004-06) and vice president of the Asia-Pacific conference of IPRAS, to be held in Mumbai. He was awarded APSI Ethicon Cosmetic Surgery professorship. He has been elected the president of UP Chapter of APSI (2004-05).

Prof. A.K. Singh visited Taiwan for a workshop on cleft lip and palate. He delivered invited lectures at a number of national conferences, namely of Indian society of cleft lip palate and craniofacial anomalies at Chandigarh and Hyderabad, cleft surgeons conference at Mumbai, CLNIFEST Jhansi and others. He was invited speaker to national debate on distraction histiogenesis Vs orthognathic surgery at the 39th annual conference of association of plastic surgeons of India at Jaipur. He delivered the prestigious IMA IDPL oration at the UP state conference of IMA held at Allahabad and has received the best branch president award of IMA.

He is the president of IMA Lucknow. He is secretary of association of plastic surgeons of India. Executive member of national academy of burns, Vice President of Lucknow cosmetologists and beauticians association, and treasurer of Indian cancer society UP branch.

He is an examiner for M.Ch. to a number of universities and examiner for PhD at Manipal university.

Dr. Rajiv Agarwal, Assistant Professor is currently pursuing in vitro autologous keratinocyte culture by intramural funding by the university. He attended the 2nd Asia Pacific congress on craniofacial distraction osteogenesis at Male, Republic of Maldives as an invited speaker. He participated in a number of other national conferences, and was a faculty at the instructional course on skin grafting for surgeons conducted by this department. He was called upon to review articles by the editorial board of IJPS.

I am happy to inform that our residents have also brought laurels to the department. Dr. Vijay Kumar received the Brig. Kathpalia fellowship in hand surgery from APSI. He delivered a lecture on split skin grafting at the instructional course on skin grafting for surgeons. Dr. R.K. Mishra received Ethicon training fellowship in cosmetic surgery by APSI, he also delivered lecture on preparation of raw area for grafting and dressing materials at the instructional course on skin grafting for surgeons. Dr. Sumit Malhotra received award for sponsorship to attend APSICON-2004 at Jaipur. He delivered a lecture on introduction, history and classification of skin grafting at the instructional course on skin grafting for

surgeons. Dr. Neeraj Kant Agarwal received the best paper award and McNeil award for best audio-visual paper presentation at National Conference of Association of Plastic Surgeons of India. Dr. Aninda Mandal was awarded sponsorship to attend APSICON-04. He presented a paper in best paper section. Dr. Suresh received Lucknow travelling fellowship of UP Chapter of APSI. Dr. Durga Karki is working on brachial plexus injuries. Dr. Vinay Kant Shankhdhar is working on role of inter positional vein graft to maintain distal tissue perfusion. Dr. Brijesh Mishra is working on nasal splintage in cleft lip, nose

(E) Research Activities:

6 papers were published in national and 2 in international journals. 18 papers were presented at national and state conferences.

(F) CME/Workshop/Conference:

The department was host to the all India conference of national academy of burns (NABICON-04) from 6-8 February, '04, under the presidentship of Dr. S.K. Bhatnagar. Dr. Marella Hanumadass, Dr. Andrew Burd from USA and Hongkong respectively participated. A number of distinguished delegates from within the country also participated in the conference. There was an operative workshop in which Dr. Andrew Burd and Dr. S.P. Bajaj demonstrated the cases. Our hon'ble governor Shri Vishnu Kant Shastri inaugurated the conference and a poster exhibition on social aspect of burns. Mrs. Sushma Bhandari adjudged the best three posters. There was a practical display on fire fighting and use of fire extinguishers by the UP fire services.

Free cleft lip and palate camps were held on June 2nd and 3rd, July 8th and 9th and 18th December, '04.

Instructional course on skin grafting 5th and 6th October, '04. For the first time in the department an instructional course on skin grafting was conducted by the department for the benefit of general surgeons and orthopedics surgeons, as a technology transfer program. The course was inaugurated by the renowned surgeon Padmashree Dr. S.C. Rai, the mayor of Lucknow. Prof. S.K. Agarwal acting vice chancellor presided over the function.

A workshop on cosmetic surgery was organised on 22nd and 23rd February, '05. Dr. S.N. Tandon, from USA delivered a lecture on 'Thermage - A non-surgical method for skin tightening'.

(G) Change of Guard:

Prof. K.L. Pradhan took premature voluntary retirement on 02.07.04 from service to join the private sector.

(H) New Initiatives:

In 2003 we started the Late Prof. R.N. Sharma memorial oration. Last year it was delivered by Dr. Andrew Burd from Hong Kong. Today, the 3rd in the series shall be delivered by Dr. H.S. Asopa on 'Development of Hypospadias Surgery'.

Our specialty cleft lip and palate clinic, completed two years on 2nd March. Last year we started a specialty hand clinic on 3rd Thursday of every month. They are being coordinated by Shri SJA Zaidi and Shri S.B. Thakur respectively.

(I) Interpersonal Relationship:

The department greets its employees on their birth day, as a simple gesture to its employees. With the intention of recognizing the work of good class IV employee, in the year 2003 we instituted Shri Chotey Lal Utkrishtha Karyakarta Samman after the demise of a very competent class IV worker. I am happy to inform that this year it goes to Shri Rajiv Nand.

(J) Visitors During the Year Under Consideration. Dr. Hanumadass, Dr. J.L. Gupta, Dr. Mathangi Ramakrishnanan, Dr. R.B. Ahuja and a host of other plastic surgeons visited us as part of NABICON-2004. Dr. Andrew Burd and Dr. S.P. Bajaj also conducted operative workshop. Dr. D.D. Rajeshwari, St. Johns Hospital, Bangalore visited us for a day. Dr. Joseph Kimani Wanjeri, Lecturer at University of Nairobi was an observer in our department for 6 months from 1st September, '04 to 8th February, '05. Currently Dr. Rajiv Lochan, Senior Plastic Surgeon in the PMHS is with us for training.

(K) Vacant Positions:

Lecturers – 3 faculty posts are vacant from 30.06.2k, 30.06.03 and 04.07.04 respectively. The first two posts were advertised by our university on and are awaiting selection committee meeting. The third post of lecturer cum dental liaison officer is expected to be advertised soon.

Speech Therapist – The post has been lying vacant since 31.01.2000 and the equipment gathering dust in absence of the incumbent. Our hon'ble Vice Chancellor had promised during the annual day function of the department last year to get it filled. I am sure the post shall be advertised at an early date.

We are working with just 3 faculty members (of which Prof. Bhatnagar is on re-employment) and are greatly handicapped due to the posts lying vacant. Our hon'ble Vice Chancellor and the Registrar, have been regularly assuring us of early remedial action.

(L) Our Losses:

On 04.06.04 we lost a very sincere, honest and dedicated worker Shri R.P. Pandey, Senior Technician, to the cruel hands of destiny. We also lost our retired OT sister P. Gursahni on 19th November, '04. May their souls rest in peace.

(M) Department Staff Working Elsewhere:

Three of our class III and IV staff, retired many years back. The incumbents appointed on these posts are working in the administrative office. We request the administration to post them back to this department since we are already short of working hands.

(N) Our Requirements:

- * **Finances:** Our hon'ble Vice Chancellor, when he had taken over the reins of the college had remarked that he would water all plants equally in context with the allotment of finances. I would request him to see that the department of plastic surgery does not wither off due to drought.
- * **Generator:** We have a local made 5 KW generator donated by the patients. It has outlived its utility. I would request the college authorities to connect

our block to the surgery generator, which has spare capacity available and as it is, excess electricity generated by it goes waste.

- * Lift for new block - is required on priority basis to transport patients from one floor to the other.
- * Laser suite - We would like to work towards a comprehensive laser treatment centre, wherein all specialties can come and share work.
- * Burn trauma unit - is a long pending demand with the government, and is a pressing need of the society.
- * Private wards for the dept.: Rooms on ground floor of the dept. have to be converted to special care room.
- * The M.Ch. course has been converted into 3 years. The present set of SR-II would be without job next year and would have to do M.Ch. unpaid. At this stage of their career they are married and have to support their families. It is requested that 3 posts of SR-III be created.

(O) Thanks:

- * All this has been possible due to the encouragement and moral support of the college administration and cooperation of the faculty, residents, class III and IV employees of the department on whom behalf I stand today.
- * To the Visiting Faculty - for coming all the way despite their preoccupations.
- * To the press for having a positive attitude towards the department and for their patronage.
- * Last but not the least, to all the pass out plastic surgeons (which includes me as well), for donating one chair each, to furnish our seminar room.



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- Report Presented By-

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