



# Post Graduate Department of Plastic Surgery

K.G's Medical University, Lucknow



## Annual Report - 2006 - 07

It is my pleasure and privilege to present before you the annual report of the Postgraduate Department of Plastic Surgery for 'l'á anné dernier' i.e. 2006-07.

Like yester years the department is presenting its compiled and printed annual report. The previous foundation day was held on 11<sup>th</sup> March, 2006. Shri R.K. Mittal, IAS, Commissioner of Lucknow was the chief guest and Swami Mukutianathanandaji was the guest of honour.

Vice Chancellor Prof. M. Bhandari presided over the function. The report spans the period from that day to the present day. I would like to present it in the following heads:-



Inaugural function : 30th Foundation Day

### (A) Academic:

**I. Late Prof. R.N. Sharma Memorial Oration:-** The 4<sup>th</sup> Prof. R.N. Sharma Memorial Oration was delivered on 11<sup>th</sup> March, 2006, by Mr. Brian Somerlad (FRCS) of U.K. on the topic of 'Evolution of my technique of cleft palate repair'.



Dr. Brian Somerlad and Dr. K.S.Goleria with residents.

**II. Cranio-Con-2006:-** An operative workshop on craniofacial surgery was organized in collaboration with Vivekanand Hospital from 11<sup>th</sup> to 13<sup>th</sup> March, 2006. Besides Mr. Brian Somerlad, Dr. K. S. Goleria (Mumbai), Dr. K. Sridhar (Chennai), Dr. R. K. Sharma (Chandigarh), Dr. G. S. Kalra (Jaipur), Dr. S. Bhattacharya (Lucknow) and Dr. A.K. Singh (Lucknow), were the faculty. Tutorial lectures and operative sessions were held.



Dr.G.S.Kalra discussing a case cranioccon.

**III. Instructional course on Wound Management:-** The department receives a large number of patients with non-healing and improperly treated wounds. As part of our on going teaching program to general and orthopaedic surgeons an instructional course on wound management was conducted on 14<sup>th</sup> and 15<sup>th</sup> October, 2006.



Discussing various aspects of wound management.



Dr.Vijay Obed Receiving a memento from Dr.S.D.Pandey

**IV.** Prof. Vijay Obed (from Ludhiana) visited the department as the Ethicon Visiting Professor in Microsurgery. He delivered lectures and demonstrated microsurgical free flap transfer.

**V.** Prof. Nirmala Subramanian (from Chennai), President of Occuloplastic Society of India delivered a guest lecture on 30<sup>th</sup> October on the topic of ‘Ptosis’.



Dr.Nirmala Subramaniam.



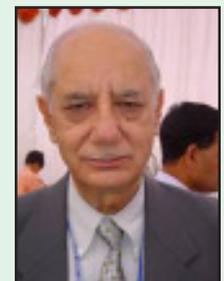
Prof. A.K. Mahapatra delivering a guest lecture during a craniofacial update.

**VI. Craniofacial Update:-** Dr. Arun Gosain, (Chairperson Plastic Surgery Educational Foundation, USA) visited the department from 2<sup>nd</sup> to 4<sup>th</sup> December, 2006. On the occasion a ‘craniofacial update’ was done in which comprehensive review of craniofacial surgery was undertaken. Patients were discussed and operative sessions carried out.



With Dr.Aun Gosain

**VII.** Prof. C.P. Sawhney (National Emeritus Professor of National Academy of Medical Sciences) and Ex-Head of Plastic Surgery at PGI, Chandigarh came on a visit to the department from 6<sup>th</sup> to 8<sup>th</sup> December, 2006. He interacted with the residents, delivered lectures and conducted planning sessions.



Prof. C. P. Sawhney

VIII. Dr. Vineet Sharma, Prof. of Orthopaedics took a lecture on 8<sup>th</sup> January, 2007 on bone fixation methods for the faculty and post graduates.

IX. We are having a two day aesthetic surgery workshop on 19<sup>th</sup> and 20<sup>th</sup> February, 2006 by a distinguished faculty of Dr. I.T. Jackson (U.S.A.), Dr. B.M. Daver (Mumbai) and Dr. Manoj Khanna (Kolkatta).



Prof.Vineet Sharma demonstrating hardware for bone fixation.

### (B) Publications in Journals:

During the last one year two publications have been accepted in international journals and four in national journals. At this juncture I would like to inform that the department is subscribing to 3 international journals : Plastic and Reconstructive Surgery, Journal of Hand Surgery and Cleft Palate and Craniofacial surgery Journal.

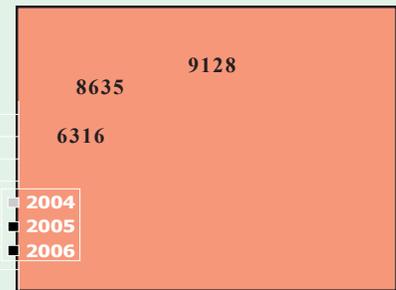
### (C) Patient Care Services:

With each passing year, our OPD attendance chart is showing a progressively increasing trend. It is due to the faith that patients have reposed in the department. Similarly, our operative load and output have also gone up. It is reflected in the bar diagrams. However, talking about number of surgeries is not the sole criterion since one must remember, that the actual number of hours put in are considerable as plastic surgery operations are time consuming.

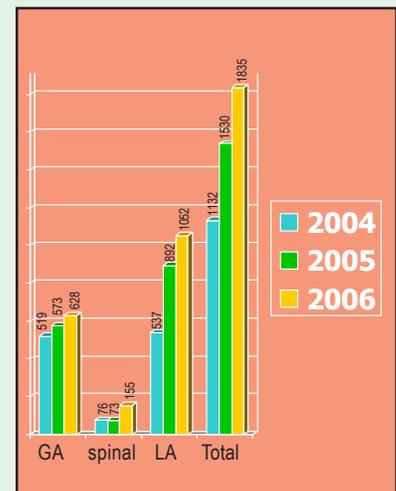
The renovated plastic surgery maxillofacial lab was inaugurated on 15 Oct.'07 by Prof.C.P.Govilla Hon'ble Vice Chancellor of K.G. University of Dental Sciences.



Prof.C.P.Govilla inaugurating the renovated maxillo facial Lab.



OPD attendance in 2004, 2005 & 2006



Surgeries in 2004, 2005 & 2006

## (D) Charitable/Social Work:

Despite the fact that ours is a small department with 4 faculty members and 9 residents, we are routinely conducting charity and corrective surgery camps within the department (in collaboration with Department of Anaesthesia) and in various parts of the country.

A ten day camp was conducted from 12<sup>th</sup> to 22<sup>nd</sup> June, 2006 at Vishrampur, Chattisgarh .189 patients were operated. Other camps were conducted in Jaisalmer, Rajasthan (23<sup>rd</sup> to 27<sup>th</sup> August, 2006 – 29 patients), Unchahar (28<sup>th</sup> to 29<sup>th</sup> September, 2006 – 144 patients), Sagar, (MP). 1<sup>st</sup> to 7<sup>th</sup> November, 2006 – 110 patients).

In the department, camps were organized on 8<sup>th</sup> and 9<sup>th</sup> May, 2006 (23 patients operated), 28<sup>th</sup> and 29<sup>th</sup> July, 2006 (16 patients), and 30<sup>th</sup> to 31<sup>st</sup> December, 2006 (24 patients). Recently, a hand deformity correction camp was done for leprosy patients on 3rd Feb.'07, 5 patients were operated. These camps were held on Saturdays and Sundays.

The charitable work has been possible due to the support of various organizations : The Smile Train, Life Line Express and Rotary club of Lucknow (3120).



Camp at Vishrampur



Camp at Jaisalmer



Camp at Unchahaar



Helping through Life Line Express



Visit of Smt. Renu Mehta, Executive from smile train



Cleft lip & Palate camp with smile train



Leprosy camp with Rotary Club

## (E) Pin Ups of the Department (Achievements):

**International:** Dr. A. K. Singh has been nominated to the Medical Advisory Board of the World Craniofacial Foundation (the only one from India). Dr. A. K. Singh visited Taiwan for an international workshop. Dr. R. Agarwal was selected as International Fellow for the Plastic Surgery Educational Foundation overseas fellowship and he visited various centers in USA. He also attended the Annual Conference of the American Plastic surgery Association in San Francisco. Dr. Divya Upadhaya (Senior Resident) visited USA on an APSI fellowship.

**National:** Prof. S.K. Bhatnagar has been awarded the M. M. Mukherjee Oration of the Association of Plastic Surgeons of India (APSI). He has been elected to the Governing Council of the Association of Surgeons of India, and also awarded FAIS. He also delivered guest lecture at the American College of Surgeons meeting.

Dr. A. K. Singh has been unanimously elected Secretary of the APSI for the second term. He is also the executive member of the National Academy of Burns. He delivered invited lectures at Burns Update in Chandigarh, at Annual Meeting of APSI in Hyderabad, at National Workshop on Distraction in Chennai and Occuloplastic Association meeting in Lucknow and at Indian Cleft Lip, Palate & Craniofacial Association meeting in Chandigarh.

Dr. R. Agarwal delivered a lecture at Haldwani.

Dr. Vijay Kumar was awarded the Brig. Kathpalia Fellowship in hand surgery.

**Our residents have also made us proud.** For 2<sup>nd</sup> year in a row two of the four competitive prizes at the National Conference of APSI were bagged by residents. Dr. Durga Karki's presentation on 'Modified trapezius transfer technique for restoration of shoulder abduction in brachial plexus injuries' was adjudged APSI best paper in the junior category at the annual conference of APSI, at Hyderabad.

**State:-** Prof. S.K. Bhatnagar delivered a lecture at the UP Chapter of the APSI. Dr. A. K. Singh was faculty member at the UP Chapter conference of APSI. He delivered the SP Srivastava oration of UP Chapter of Association of Surgeons of India. He also delivered a guest lecture at the State level PGME conclave of Lucknow College of Surgeons and at the midterm CME of UP -ASI conference at Jhansi.



Dr. R. Agarwal



Dr. Durga Karki



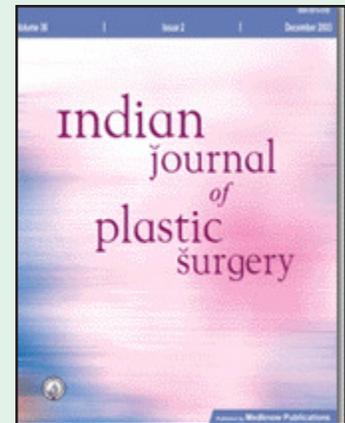
Smt. K. Valsamma

**University Level:-** I feel a sense of pride in informing you that the department received the maximum number of awards given to a single department at the University convocation on 20th Jan' 2007 Dr. Rajiv Agarwal received the Best Young Faculty Award. He also received an intramural project on device development for distraction. Dr. Durga Karki received the award for best thesis in super-specialty section and sister incharge of plastic surgery OT, K. Valsamma, the SKD award for best nurse.

Plastic Surgery at K.G's Medical University (erstwhile K.G's Medical College) started in 1953 by late Prof. R.N. Sharma. The M.Ch. course was started in 1969 It was granted status of an upgraded department in 1976. The department has made notable contribution (and is making), in the development of plastic surgery in the North India. Recognizing its contribution, the Indian Journal of Plastic Surgery, December, 2006 issue carries an article on the 'Saga of Development of Plastic Surgery at K.G's Medical University'.

The department has also been recognized as the regional centre for leprosy reconstructive surgery by the Government of India.

I am also happy to inform you that the department has recently launched its own website and it has been entirely designed by our senior resident Dr. Faisal Ameer.



The Saga of Department of Plastic Surgery at KGMU, Lko.

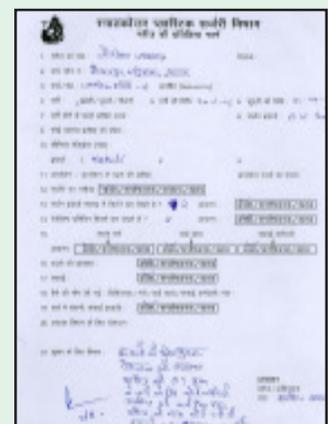


Web site of the department

## (F) Patient Participation/Feedback :

From 01.04.2006 onwards we have started a feedback form by the patients. At the time of discharge, after handing over the discharge slip, the patient fills his remarks and suggestions and his response on his stay – perhaps it is the only department to do so.

The male and female ward have been provided with an inverter electricity backup – once again, perhaps first in the hospital.



Patients response form

## G. Donations:-

During the year under review we have received the following due to the generosity of the patients we have been treating, namely → Two window ACs, Four Locker Sets, One TV, Exhaust Fan , Wheel chair, Revolving chair, Water cooler, Gray's Anatomy book and five CFLs.

## H. Employees Welfare:-

For the 5<sup>th</sup> year in succession, all employees received a greeting card on their birthday. We have been able to add a small token gift, a personalized key chain. Today, we are giving them a small memento as well on the occasion of the foundation day.

The Late Shri Chotey Lal Uthikrishtha Karya Karta Samman (an award given to a dedicated class IV worker) is being given to Smt. Rakhi Verma, for working sincerely, quietly and with dedication. To the best of my knowledge and belief, this department is perhaps the only department to have an award in the memory of a late class IV worker.

Like the previous year, three employees (class III and IV), who have worked for the maximum number of days (meaning thereby taken least number of leave) are being awarded by a cash prize.

The OT sister's room was renovated last year. This year, the duty room of the ward sister has been given a facelift.

## I. Change of Guard:-

There was no M.Ch. examination last year as the course has been made from 2-3 years. Dr. Sunil Arora, Dr. Faisal Ameer and Dr. Devi Prasad Mahapatra joined the M.Ch.course. Two of our class IV employees Smt. Kamla and Smt. Kailasha retired after a long service. The department wishes them a long and healthy future.

## J. In the Pipeline:-

- Nasoendoscopy Lab – Dr. B.M. Daver shall be inaugurating it tomorrow.
- Burn Unit – The Government has sanctioned a sum of Rs. 1.7 crore for the burn unit
- Computerization of the department on LAN
- Six special care rooms .
- Certificate course in hand surgery- Buoyed with the idea mooted by our Hon'ble Vice Chancellor, we wish to introduce certificate course in hand surgery.

## K. Our Requirements:-

- Vacant posts – Two faculty and one speech therapist posts are lying vacant.
- Availability of operating space for plastic surgery in emergency (Trauma Centre): For a long time we have been requesting for operating space in the emergency. Our patients and residents keep on waiting for their turn, at the mercy of General surgery and orthopedics. Despite repeated promises that we will be soon given an OT for emergency plastic work, nothing has materialised. Some operation theatres are lying unutilized and some used for non emergency work.
- Funds for repairs and contingency: We have no such grants and would request our Hon'ble Vice Chancellor to sympathetically look into it and if it is not forthcoming from the government, would request you to help the department generate some funds.

- Pvt. Rooms – Six private rooms are now available in the department. They have to be commissioned. From the revenue thus generated we can maintain the necessary supporting staff for the new building.
- Lift for the department – The 3 floor block (Prof. R. N. Sharma block) is without the lift. Realizing its need for the patients and the infirm, our previous Hon'ble Vice Chancellor Dr. M. Bhandari had sent an old lift taken out of RALC. It has not yet been installed yet, due to lack of supporting civil and electrical work.
- Infrastructure and man power for the proposed burn unit. The Government graciously has given grant for the equipment. However, we request infrastructure and man power to put it to use. We would request the Hon'ble Vice Chancellor to put a kind word to the Government emphasizing the need for it.

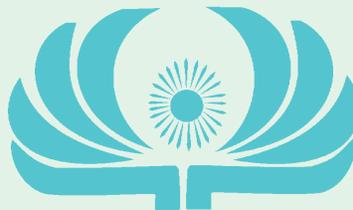
## L. Gratis / Thanks:-

We whole heartedly thank the following for their continued guidance and support:-

- Administration – The Hon'ble Vice Chancellor for the continued inspiration, moral support and guidance from time to time. Our Ex-Superintendent Dr. Gurmeet Singh, who has helped department improve its aesthetics from the augmentation fund generated by the department itself. The Dean, for being with us on nearly all functions. And also to Prof. A.M. Kar who has also been with us for nearly all activities of the department.
- The U.P. Government – for the initial grant for establishing a modern burn unit.
- The Media – for patronizing the positive aspects of the department and help improve credibility of the department amongst the public.
- The Peers – for their constructive criticism.

Thanking you for your patience.

Lucknow  
19 Feb. 2007



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MAKING LIFE COMPLETE

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