The annual report of the department is a sacrosanct document. It is my pleasure to present it before you on the occasion of the 32nd annual function of the department.

The previous annual function was held on 19th Feb '07., under the chairmanship of the Hon'ble Vice chancellor, Dr. Hari Gautam, Shri Luv Verma, IAS, Principal Secretary to his excellency, Hon'ble Chancellor was the chief guest of the function.

I shall present the activities for the period in 2007-08, under the following heads.

[A] Academic activities

The first and foremost activity of the University is teaching. We are teaching MBBS, and BDS students by way of lectures, demonstrations and clinics. Our being a post graduate department, it is extensively and intensively involved in teaching and training of MCh students. The teaching is in the form of seminars, journal presentations, operative chat, planning sessions operative demonstrations, etc. Many of these activities start at 8:00 a.m. on some weekdays. The Lucknow Plastic Surgery club also holds academic meetings in the department on 2nd Thursday, of every alternate month.

Apart from the regular teaching / training activity, a number of special academic activities were held during the year.

I. The 5th annual Late Prof R.N Sharma memorial oration was delivered by Dr. I.T.Jackson (U.S.A), He spoke on "My experiences as a Plastic Surgeon". It was followed by an operative workshop on aesthetic Surgery. Dr. I.T.Jackson, Dr. B.M. Daver (Mumbai) and Dr. Manoj Khanna, (Kolkata) were the faculty conducting the operative workshop. Rhinoplasty, Face lift, and hair transplantation surgeries were demonstrated.
II. The department conducted the annual conference of the Uttar Pradesh chapter of Association of Plastic Surgeons of India (UPAPSICON -2007) on 30th June and 1st July 07. Dr. L.M. Bariar (Aligarh) was the president of the conference, Prof. Ashok Chandra graced the occasion as acting Vice Chancellor, Hon’ble justice Vishnu Mohan Sahai inaugurated the conference. Dr. S.P. Bajaj (New Delhi), delivered the late Prof. R.N. Sharma memorial lecture of the U.P. Chapter. His topic was ‘Burns in India- where do we stand’ The scientific deliberations were spread over two days – 30th June and 1st July ’07

III. Dr. Ashok Raj Koul from Bangalore, visited the department on 22nd and 23rd August ‘07 as Ethicon visiting professor of APSI in microsurgery. He delivered lectures on free flaps and also demonstrated a free latissimus dorsi flap for leg defect and a free functioning gracilis flap for Brachial Plexus injury.

IV. On 18th and 19th September 2007 a team from world craniofacial foundation visited the department. The team consisted of Dr. Kenneth Salyer, U.S.A (President of the foundation and ex-Director of craniofacial Institute at Dallas, Texas), Dr.A. Gosain, from Ohio, USA and Dr. Eric Arnaud from Paris, France. All of them are authorities in craniofacial surgery and have written books, contributed chapters and are editors of journals. The team had come to inspect the department and the University. It is searching for a department to establish a regional centre for craniofacial surgery. During their stay, they had interactions with our department members, anaesthesiologists, neurosurgeons, orthodontists and prosthodontists. Taking advantage of the presence of these giants we took the opportunity for academic discussions, presentations and case planning. Patients operated for craniofacial surgery in the department were shown and deliberations made as to how to improve our results.

*I am happy to inform that few days back the WCF has informed us by email, that our department has been selected as a regional centre to further develop craniofacial surgery. They have promised an initial grant to develop craniofacial surgery.*

V. Dr. Ragini Singh, Prof of Radiology, delivered a lecture on 17th Dec.07, on reading a MRI. She also brought MRI plates and demonstrated practically interpreting the MRI.

VI. A teaching cum training workshop on Leprosy and tendon transfers in hand surgery was organized by the department from 21st to 24th Dec ’07.
Dr. G. Balakrishnan (Chennai) and Dr. Jerry Joshua (Kolkatta) were the invited faculty from outside. Dr. P.K. Sharma, (Deptt. of Anatomy), Dr. Rashmi Shukla (WHO coordinator Leprosy) gave lectures on structure of hand and on general aspects of leprosy respectively. Surgeries were demonstrated live to a mixed gathering of Leprosy workers, and surgeons. The course was sponsored by the central government. It was for the first time in the country that field workers involved in Leprosy got an opportunity to see live surgeries. They had been often receiving theory lectures, but did not actually have the feel of how the normal nerve looks like, how the abnormal nerve looks likes, how the tendons look like, what is done in tendon surgery, what is the structure of hand, why is physiotherapy important, what is expected of them for identification of patients, motivating them for surgery and post operative needs of the patient.

VII. Dr. Nick. C.Retson Plastic Surgeon from USA visited the department on 25th Feb 08 and delivered a lecture on Breast reconstruction.

VIII. The department has recently acquired a state of art liposuction machine and has organized a workshop on Lipoplasty on 2nd and 3rd April ’08. Dr. Satish Arolkar, (Mumbai) is donating his valuable time and expertise to conduct this workshop.

[B] Publications

It is perhaps the only measurable activity of research activity of a department. In the absence of any other measurable yardstick, publications form on index of research activity of a department. In surgical specialties, and especially one like plastic surgery prolonged man hours are consumed in surgeries. Many of our operations are of 8-9 hours (some are longer) and an average operation takes 2½ hours. We are left with very little time for basic research. However, I am pleased to inform that paper we published 4 papers in international journals and 6 in national journals. Faculty members of this department are on the panel of reviews for many journal and also on the editorial committee.
[C] **Patient care Services**

The mission of the department is to provide optimal care to the patients irrespective of their ability to pay for it. For this, the department has collaborated with the Smile Train, to provide free treatment to cleft lip and palate patients. During 2007 it has treated 95 patients free of cost. Free reconstructive surgery for 106 leprosy patients was made possible with the help of Rotary Club Lucknow District, 321B. Funds of US $10,000 are in the pipeline to treat craniofacial anomalies, by courtesy of World Craniofacial Foundation of USA. We are also requesting some organizations to fund treatment of children with post burn crippling deformities.

Our OPD attendance is still rising - perhaps an indication of the faith patients bestow on the department. Our operations are nearly the same as last year - perhaps we require some more operative time, more faculty and more residents.

Our specialty clinics - The cleft clinic continues smoothly. It is regularly attended by Pediatrics, Psychiatry, Orthodontics and Prosthodontics. I thank them and am grateful to the participating departments.

We wish to initiate a craniofacial clinic and a wound clinic in the near future.

Our prosthetic lab and physiotherapy section are working satisfactorily. Our speech therapy facility is closed, we have not been able to find a speech therapist.

Our Naso endoscopy lab was formerly commissioned on 28th February Dr. B. M. Daver Advisor, Smile Train.

The patient feedback form is being gathered and reviewed continuously. The department is subscribing to a 24 hrs mobile helpline (9415200444), on which round the clock enquiries are made and medical assistance sought. We would appreciate, if referring doctors/hospitals/patients themselves intimate their arrival in emergencies in advance. For instance, the referring doctors can intimate that he is sending a patient with amputated limb, from Raibarielly and the patient is likely to reach by so and so time. The referring doctors can also enquire as to how to preserve the amputated part during transfer and about first aid to the amputated stump.

The website of the department is functional and is the face of the department in the international forum. Prospective patients and plastic surgeons desirous of training do visit and enquire from the website. The address is www.kgmuplasticsurgery.edu.in.
[D] **Charity Camps**

The department is involved in a lot of charity work, usually on Saturdays & Sundays.

4th Feb, 2007- A cancer awareness cum detection camp was held at Laxmanpur, Barabanki.

8th March, 2007– Screening camp for leprosy patients.

31st March and 1st April 2007- Operative leprosy reconstructive surgery camp in collaboration with Rotary Club.

2nd and 29th April 2007 Screening camp for leprosy patients.

2nd – 6th October 2007, Cleft correction camp at Rudrapur, organised by Mahindra & Mahindra.

28th October 2007, Leprosy reconstructive surgery camp in the department.

8th December 2007 leprosy screening and follow up camp at Hardoi.

8th December 2007 Cancer detection camp at Barabanki.

22nd - 24th 2007 Leprosy reconstructive surgery camp in collaboration with UP Govt. and Rotary club.

31st December 2007 Participated in health checkup camp in Lucknow.

22nd – 27th Feb 2008 Life line Express camp organized by Rajiv Gandhi Foundation and Indian Railways at Chapra, Bihar.

[E] **Private wards**

The private wards of this hospital are at distant places. Patients and their relatives find it inhospitable, away from the hub of activity (i.e is the department) and it is difficult to ferry patients. Hence, we have been trying to impress the authorities to permit some rooms in the department itself. I am happy that we were able to convince Prof. Hari Gautam the then Vice Chancellor. Six erstwhile faculty rooms have been converted to private wards (from the finances generated by the department itself. This has been a small but significant step. In due course of time, we shall augment this facility.

[F] **Employees welfare**

We firmly believe employees welfare must be looked after. A disgranted work force in a hospitable industry will lead us nowhere. Here the output is not in terms of money but in terms of...
customer (patient) satisfaction. It is above money and deals with life, well being and emotions of the patients and their relatives.

For the 6th year in succession, all employees received the greeting card and a token gift on their birthday. Like the last year, today, the department is presenting them with a ‘remembrance’.

Again as done last year four employees (class III & IV) who have maximally attended the hospital (minimum absentees) are being given a cash prize.

The late Shri Chotey Lal, Uthkristh Karyakarta Samman, is given to a dedicated class IV worker. This year it has not been sanctioned by the judging committee. It is perhaps the only award in this university which is in the memory of a class IV worker. It is also not an award which will be compulsorily given each year.

[G] Additions / substraction

Dr. Lokesh Handa, Dr. Nandini R. and Dr. Sushant Luthra joined the department as SR I, to pursue the MCh course. Dr. Vivek Kumar, Dr. D.N. Upadhyaya and Dr. Prateek Arora completed their training and passed their MCh examination in the first attempt.

Dr. S.K. Bhatnagar, FAMS, B.C.Roy awardee, superannuated on 30th June ’07, following a long and meritorious service. He had joined the department on 1976 as a lecturer. He was the Head of the Department from 9th August 2000 to 31st October, 2002.

He has been the secretary of APSI and the president in 2000. He has been a committed worker and was instrumental in restoring the glory of the department in the late 90s and early 20s.

He was socially active too and has been a ‘big Lion’ – reached the 2nd highest position of that organization (MCC of LION’S international) in the country.

Mr. Rajiv Nand, a class IV worker, passed away prematurely on 5th July, 07, following a brief illness. He was an honest, sincere worker and a simple person. He was awarded Late shri Chotey Lal Uthkristh Karyakarta samman in the year 2005. His son Rajesh has been given appointment on compassionate grounds.
Smt. Phoolmati, retired on 31.01.2008. after a long service. A small function was specially held to bid her farewell

Sister incharge of ward Smt. Shamshun Nisa Khan, was elevated as tutor of the nursing school. She was replaced by sister Sarla Victor. Who has taken over the charge.

**Achievements**

Prof. A.K. Singh – He continues as Secretary of Association of plastic Surgeons of India (APSI). He is on the national executive of Indian Society of cleft lip, palate and craniofacial anomalies (ISCLPCA) and National academy of Burns (NABI). He has been examiner, MCI inspector, and on the selection panel to many universities. He is the president of the UP Chapter of Association of Plastic Surgeons of India and of the Lucknow Cosmetician and Beautician Association (LCBA). He is the only Indian to be member of the medical advisory board of the world craniofacial foundation. He has delivered invited lectures at many national conferences and one international conference.

Dr. Rajiv Agarwal - Has recently been promoted as Associate Professor. He has been awarded membership of American Society of Maxillofacial surgeons. He was awarded the best intra mural project award for last year. He has 2 international and 1 publication in national journal. Another 2 international publications have been accepted for publication. He is a reviewer to may national and international journals.

Dr. Vijay Kumar - Is an active member of the department. He presented his work in regional and national conferences. He has been actively involved in arranging charity camps of the department. He has two publications. He was awarded the APSI venture fund. He is currently joint Secretary of the Lucknow IMA.

Residents - I always feel proud to enlist the achievements of my residents. For fourth year in a row, our residents (this time Dr. D.N. Upadhyaya) won the APSI junior best paper prize. He has also been awarded the PSEF(USA) fellowship for craniofacial surgery. He has been invited to attend the Annual Plastic Surgery meetings of USA and shall be awarded the membership of American Society of maxillofacial surgeons. Dr.Durga Karki along with Dr. A.K.Singh revised the booklet on “After care following wound healing and skin cover” She has also been awarded KEM microsurgery fellowship. Dr. Suresh M.Chaware, received the R.N. Sinha best paper prize for published work in Indian J. of plastic surgery.

**Our requirements**

1. Lift – for the last 5 years or so, we have been trying to impress on our administration, that we must have a lift in the department. The patients are put to great inconvenience. So are our employees in carrying bulky oxygen and nitrous cylinders. We feel are able to convince them, but somehow, it has not materialized.

2. Modern burn Unit - The society requires a modern burn in this vast populous state. The nearest one and perhaps the only one is of New Delhi. We do not want a conglomeration of beds under one roof, christened as a burn unit. We want that it should be a modern burn unit/center with 50 beds, with its own operating theatres, dressing rooms, infection prevention mechanisms, ICU, ventilatory support unit, dialysis facility, round the clock pathology, physiotherapy and rehabilitation facilities. It should also have reserve facility to cope with
sudden rush during disasters. An initial grant of Rs. 1.7 Crore has been sanctioned for beds, instruments, etc. but we need proper space, building and manpower.

3. Vacant Positions - Out of six faculty positions, three are lying vacant, for many years now. It is surely going to affect the teaching, training, patients care, and progress of the department. The posts have either not been advertised, or if done so, selection not carried out. We feel, it is a common problem with other departments too.

Our speech therapist post is lying vacant since 2000. The basic qualification is M.Sc., we need to lower the bar, and make it B.Sc. so that we may be able to restart this service and help our patients.

4. DNB in hand and micro surgery – there is huge work load of hand injuries. Most of them are neglected in periphery and there is no hand surgery training program in the state. The department has the infrastructure.

5. OPD renovation - OPD of the hospital is like the drawing room of the house. Most of the patients get the first taste of ‘hospitality’, provided by the hospital. The OPD is dark, dingy, without privacy for patients, without proper seating arrangements, without drinking water facilities. Drains are open in the rooms and there is no place / facilities for dressings. Patients and there relatives complain and crib. Some blame the treating doctor for this ‘civil’ lapse.

[J] **Our thanks**

**We are grateful to**

A) Local administration (Our Hon’ble Vice Chancellor Dr. Hari Gautam, Registrar, Mr. Surendra Vikram and Finance Officer Mr. Abdul Gani,) for continued support and encouragement.

B) Prof. S.K. Agarwal – While as Hon’ble VC, he got the road adjacent to the department repaired. It was like a ploughed field for the last four years and we had been requesting eversince for repairs.

C) To the UP Govt.- for agreeing in principle to have a modern burn unit but we still have a long way to go.

D) To the Director leprosy at New Delhi (Dr. P.C. Joshi)– for funding 4 day leprosy teaching, training and deformities correction camp. Our thanks are also due to Rotary Lucknow for funding the treatment of leprosy patients during the last one year.

E) To the media for encouraging us and bringing out the positive aspects, so that the patients feel confident in attending the department.

F) My personal thanks to my colleagues, dedicated band of residents, office staff and employees. All take pride in shouldering extra responsibilities are courteous, help the department by even working extra hours and even on weekends and holidays.

Lucknow
3rd April 2008

Phone: 091- 522-225 7446 24 hrs: 9415200444; www.kgmuplasticsurgery.edu.in; info@kgmuplasticsurgery.edu.in