

Post Graduate Department of Plastic Surgery C.S.M. Medical University U.P. Lucknow



Annual Report - 2008 - 09

It is my privilege and pleasure to present the annual report of the department, for Le ann'e dernier (last year -2008-09). Today (28th February 09), We are having the 33rd annual function of this department.

The previous annual function was held on 22nd April 2008. The activities have been grouped along the following headings.

[A] Teaching and Training :

The first and foremost duty of the university is education. The department is meticulously maintaining the postgraduate teaching program. It consists of many 8-9 am morning teaching sessions. Thursdays are for grand rounds and planning sessions. Besides imparting teaching and training to MCh registered candidates, the department is involved in the teaching of MBBS, BDS and MS students.

The teaching goes on throughout the year. Apart from the regular teaching and training, the department encourages visitors from outside the university, to share their knowledge, expertise and skills for the benefit of the residents and the faculty.

- 1) The 6th Annual late Prof. R.N.Sharma memorial oration was delivered on 2nd april 2008 by Padamshree Dr. J.L.Gupta, ex Head of the department of Plastic surgery Burns and Maxillofacial surgery, Safdarjang Hospital , New Delhi. He spoke on 'Burn Injuries' : the Indian Scenario'.
- 2) The 32nd annual function of the department was held on 2nd April 2008 . Hon'ble Justice Pradeep Kant of Lucknow bench of Allahabad highcourt was the chief guest and Shri R.M. Srivastava IAS was the guest of honour. The function was presided by our Hon'ble Vice Chancellor Dr. Saroj Churamani Gopal.
- 3) A workshop on lipoplasty and fat transfer was held on 2nd and 3rd April '08. Dr. Satish Arolkar



Dr J L Gupta emphasising importance of Burns unit to the Press



Inaugural function of the 32nd annual function



The dignitaries listening to the annual report





from Mumbai, conducted the operative workshop, demonstrated liposuction, syringe fat transfer and delivered didactic lectures. The workshop was of immense benefit for the attendees.

- 4) An operative workshop on 'Brachial Plexus' was held on 21st and 22nd August 2008. Dr. Gautam Biswas, from Post Graduate Institute, Chandigarh came as the Ethicon visiting Professor. He demonstrated few nerve transfers, delivered lectures and participated in patient discussions.
- 5) Prof. Amresh Baliarsing, from Mumbai, visited the department as Ethicon Professor in plastic surgery. He delivered lectures on microsurgery and interacted with the residents.
- 6) Dr. Ashok Kumar Gupta - now Padamshree, visited the department on 18th October '08 and delivered lectures on Aesthetic surgery.
- 7) Dr. Manu Rastogi, A fellow in facial plastic Surgery (USA) visited us for a week in Oct.08
- 8) A lecture on 'Orthognathic surgery was delivered by Dr. Kishore Nayak, from Banglore . He is currently the president of the Oral and maxillofacial surgeons Society of India.
- 9) Dr. J.K. Sinha, ex-Head of the department of Plastic



Dr Sunita Tiwari on Metabolism of Fat cells



Dr Tulika on Fat cells as Stem Cells



G Biswas enlighting us about Brachial plexus injuries



Dr R K Gupta on interpretation of MRI in Bracial Plexus lesions



Dr P K Srivastava on role of USG in Brachial Plexus

Surgery, BHU, Varanasi and ex-President of Association of Plastic Surgeons , visited the department (from Hyderabad where he is currently practicing). He conducted the planning sessions on 10th & 11th Nov.08.

The department regularly hosts the academic meetings of the Lucknow Plastic Surgery Club on 2nd Thursday of alternate months.

[B] Publications and Presentations :

The other important academic activity of the University is research . It is in the form of publications and presentations of scientific meetings. Chapters in two books under publication have been contributed by Dr.A. K. Singh. Besides, that he has published one research article in international journal and two in national journals. Dr. R.Agarwal, has published article in international journal and two in national journal. Dr. Vijay Kumar has published research paper in two national journals.

Dr. A.K.Singh, was invited as a faculty to the 4th International conference on cleft lip, palate and craniofacial anomalies at Dallas, USA. He delivered two lectures, was chairpersons in a session and judge to a best paper award session. Besides , he has delivered lectures at the annual national conference of Association of Plastic Surgeons of India and chaired two orations. He also delivered lecutures, participated in panel

discussions, and worked as judge in a number of national and regional conferences Dr. R.Agarwal and Dr. Vijay Kumar presented paper at the national and regional plastic surgery meetings. Dr. Vijay

Kumar received the APSI Venture Fund award, Lucknow IMA Presidents award and was felicitated by the Rotary Club of Lucknow.

The department is the foremost in distraction osteogenesis, Brachial plexus injuries, Craniofacial deformities, Vascular malformations and keloids.

[C] Patients Care:

This is another important activity of any teaching hospital. Our aim is to provide comprehensive care to patients attending the department. No patient is refused treatment. The department has collaboration with the Smile Train Organisation and has operated on 90 cleft patients in one year. The department has collaboration with the government to provide reconstructive surgery for leprosy patients, 54 patients have been operated since mid December 08. This year, most majority of the surgeries in the department have been done free of cost/ or with very little expense, as most of the drugs have been provided by the hospital administration.

The OPD attendance has marginally increased over the last year. The number of surgeries performed are nearly the same as last year. It is logical to infer that we require expansion - more operative time and operation days. Currently we have four GA OT days and we need at least one more GA O.T. day.

Our joint cleft clinic is held on first Thursday of every month. Very few centers in the country have such an arrangement. It is imparting comprehensive care to Cleft lip and palate patients. It has inputs from the department of Pediatrics, Psychiatry. Orthodontics and ENT.

A total number of 75 patients with different cleft related problems and requiring multi disciplinary care were taken up. This September onwards neurosurgery input has been added (courtesy Dr. B.K.Ojha) and has been expanded cleft and craniofacial clinic. The keloid clinic, on every 3rd Thursday of each month is also running smoothly.

Our prosthetic lab and physiotherapy sections are working satisfactorily- and 553 patients have benefited out the these services. Appliances were given to 99 patients and jaw exerciser to four



Dr A K Gupta addressing solutions to Aesthetic problems



Dr A Baliarsing - Ethicon visiting prof to the dept



Dr Manu Rastogi from USA enjoying company of the residents



Dr Kishore Nayak president OMSI



Dr J K Sinha with members of Lucknow Plastic Surgery Club



Neurosurgeon and his Gynaecologist wife from Jullunder for Tt of their son for Craniofacial deformity



Dr Satish Arolkar interacting with residents - Lipoplasty workshop



Life line express camp with Col Viswen

patients. The naso-endoscopy and microsurgery labs are also being regularly used. We have not been able to get a speech therapist, and I have requested to the college administration, to lower the basic qualification from M Sc to B Sc.

[D] Out reach Charity :

The department has collaboration with Impact India Foundation, which is running the Lifeline Express- The train on wheels, The department has done camps at Mandsaur ,MP (June 08), Warangal Andhra Pradesh (2nd to 6th August 08) Assam (Dec.08), Meghanagar, MP, (Feb.09). Our team shall be going to Orissa (15th to 22nd March '09) for another camp Dr. Vijay Kumar has enthusiastically participated in these camps. A total number of 134 cleft surgeries have been done in these camps. BBC has made a documentary during the Mandsaur (M.P) camp.

Camps for screening of leprosy patients, have been conducted in Lakhimpur Kheri along with the department of physical medicine and rehabilitation on 21st Dec. 08. 78 patients were screened and 62 identified for surgery, another screening camp for Leprosy patients was held on 31.01.09 at Kanpur. 171 patients from Kanpur , Jhansi and Kannouj were screened . Another batch of 8 patients from Unnao were screened on 19th Feb 09.

Apart from, the above mentioned camps, the faculty donates some of its Sundays to participate in health check up camps for the general public.

[E] Patient's welfare :

The department is having six special rooms for helping patients who seek better ambience and are willing to pay for it. The rooms are equipped with telephones, inverter back up and some have TV, geyser, and AC. All patients have access to safe (and in summer to cold) drinking water, uninterrupted power supply etc. The patients are given an opportunity to give their feed back at the time of discharge, by filling up a questionnaire. A lot of patients desire improvement in the services of the private wards of this hospital. The department is on its way to have a 2 bedded ICU.

(F) Employee's welfare :

I feel employee welfare should be the prime concern of any administrator. An happy and obliged employee is an asset. A disgruntled employee is the other way round.

For the 7th year running all employees received a greeting card and a token gift on their birthday. Like the previous year, the department is giving its employees a memento.

The late Shri Chotey Lal Utkrista a Karyakarta Samman to a class IV worker is being given to Shri Bans Bahadur this year. Shri Shafiq Ahmad electrician has been on Haj this year. Four employees with maximum attendance are being fiscally rewarded this year.

Staff nurse Sashi Singh attend a course at this university on suture techniques, conducted by Johnson & Johnson.

All the staff nurses and class IV employees of the O.T. and ward, underwent training of safe injection practices.



Leprosy screening camp at Lakhimpur



Screening of Leprosy pts for RCS at CMO office Kanpur



Dr Brijesh joins as
Asst Prof

(G) Additions and Subtractions :

With pleasure and with a sense of gratitude to the administration, I welcome Dr Brijesh Mishra MCh, DNB (as assistant professor in plastic surgery) and Dr Veerendra Prasad MDS, (as lecture cum dental liaison officer) to this department. They have joined this week. A long pending need of the department has been met, and I thank our honorable vice chancellor, for expediting it. Two other faculty members, Dr. Rajiv Agarwal and Dr Vijay Kumar have been promoted as associate professors. Congratulations!, Mr. Punit Gautam joined the prosthetic laboratory of the department.

Dr. Manjeet, Ateesh Borole and



Dr Veerendra joins as
Lecturer cum Dental
Liasion officer



Cutting the Christmas cake



Family get together

Patient feedback form



Dr Faisal - Stood 1st in Calligraphy



Dr Nandini - 2nd in Face painting

Yogesh Shenoy joined the department. Welcome! Dr M.M. Gupta, Dr. Divya Narain Upadhaya and Vivek Kumar completed their MCh in first attempt. Congratulations and Fare well!

(H) Curricular activities

Dr A.K. Singh continues as Honorary Secretary of the Association of Plastic Surgeons of India (APSI). He is on the medical advisory board of World Cranio Facial Foundation (the only person from India). He is member of the Executive of the Indian Society of Cleft lip, Palate and Cranio Facial Abnormalities. He has done the post graduate diploma in public health and hospital administration (PGDPHA) from the University of Lucknow. He is president of the Lucknow cosmetologists and beauticians association.

Dr R.Agarwal has been awarded membership of the Indian association of Aesthetic plastic surgery, Dr Sunil Arora was awarded the APSI Sponsorship to attend APSICON 2008 and he presented a paper. Dr Faisal Ameer was awarded the Chennai traveling fellowship in micro surgery.

Shri S.A. Zaidi our senior prosthetic mechanic attended a comprehensive course in Mumbai, On current concept in American Dentistry and dental assistance program under the auspicious of NYU college of dentistry, New York co-ordinated by smile care.

(I) Extracurricular

Dr A.K. Singh is the president of the Athletic association and also the provost of the C.V. hostel. After a lapse of many years the sports activity of the college were organized this year.

Dr R.Agarwal is also a keen sportsman. He was part of the Awadh Gymkhana club team, which won trophy.

Dr Vijay Kumar is shouldering the responsibility of the University administration as a member of the proctorial board. He is at beck and call at all times of the day.

Our residents are diligent in studies, and are active in extracurricular activities too. They participated enthusiastically in the sports and cultural activities of the University. Some bagged awards as well. Dr. Faisal Ameer was awarded the first prize in calligraphy competition, 2nd prize in 'T' shirt painting and 3rd prize in card making and photography Dr. Nandini won 3rd place in face painting and Rangoli.

Dr. Sunil Arora got the third place in table tennis doubles and reached semifinals with the cricket Team.

Dr. Lokesh Handa stood 2nd for Hermonica

(J) Request :

- Lift :- A long standing demand. The need has been appreciated by all the past Vice Chancellors but has not yet materialized. It is causing considerable hardship to the patients.
- Burn Unit:- Another long standing demand. A project for a modern burn unit with its staff and facilities is pending with the government. Burns is a serious illness. We require the unit as part of plastic surgery infrastructure in the same premises.
- Speech therapist: - The speech therapy unit is not functional since a speech pathologist is not available. The basic qualification may be lowered to BSc instead of MSc.
- External ambience of the department also needs attention.

(K) Merci (Thanks) :

I feel that duty of the head of the family is to be a provider. I am happy to say that I have been able to provide the infrastructure and support to my faculty and residents to learn and grow. This has been possible due to the ever helping attitude of our honorable Vice Chancellor Dr Saroj Churamani Gopal. I also thank the UP government and the hospital administration for the generous grants given to us this financial year.

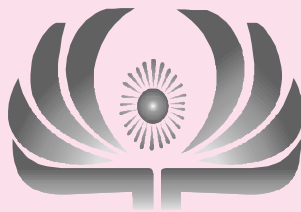
Department of Plastic Surgery

C.S.M. Medical University
(Upgraded K.G's.Medical College)

Lucknow - 226 003

Ph. 91-0522-2257446

website : www.kgmuplasticsurgery.edu.in, 24 hrs. helpline - 94152 00444



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- : Report Compiled by : -

Dr. Arun Kumar Singh

Prof. & Head

Postgraduate Department of Plastic Surgery

C.S.M. Medical University U.P.

(Upgraded K.G. Medical College)

Lucknow - 226 003 India

singkarun@hotmail.com

Phone : 091- 522-225 7446 24 hrs : 9415200444; www.kgmuplasticsurgery.edu.in; info@kgmuplasticsurgery.edu.in